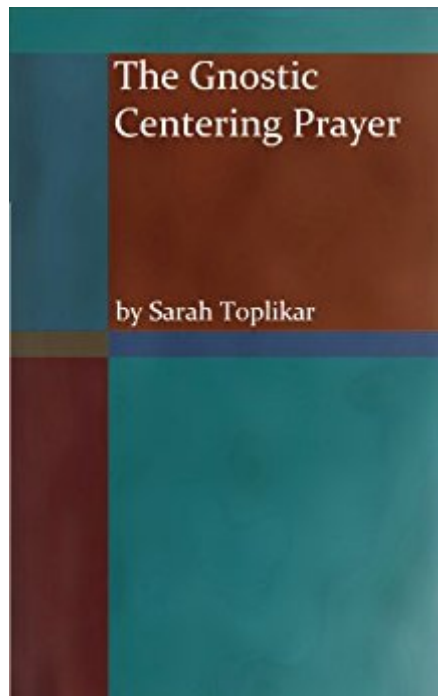


The book was found

The Gnostic Centering Prayer: A Variation On The Centering Prayer Directly Focusing On The Soul As Awareness



Synopsis

This is a small booklet outlining how to practice a gnostic variation of the centering prayer, focusing directly on the sense of "I" or "I am" as a vehicle to awaken to one's inner divinity. Unlike more traditional forms of prayer and meditation, this form can be done anywhere, in any situation. It serves as a companion volume to my other work, *Seven Gnostic Meditations*.

Book Information

File Size: 273 KB

Print Length: 9 pages

Simultaneous Device Usage: Unlimited

Publication Date: January 13, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00H6Z27BM

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #398,228 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #68

inÂ Kindle Store > Kindle eBooks > Religion & Spirituality > Religious Studies & Reference >

Gnosticism #88 inÂ Kindle Store > Kindle Short Reads > 15 minutes (1-11 pages) > Religion &

Spirituality #136 inÂ Books > Christian Books & Bibles > Theology > Gnosticism

Customer Reviews

I liked this little book because it reveals who we really are. Religions mask it And make it sound like some unattainable goal. Awareness, that's it;Non- conceptual, direct awareness. Realize that and you've got it. This book helps you do that. I have it 4 stars only because I wish it was a little longer

This is a basic guide to Gnostic daily meditative prayer. A good starting off point for anyone that wants to start Gnostic practice.Unfortunately it draws only on the Gospel of Thomas for reference. As a pamphlet that works ok but it doesn't even begin to scratch the surface of the Gnostic tradition.A very basic primer.

Very useful gnostic method, and you can use it instantly in your daily life and situations. Instructions are very clear and friendly written. Also chapter about food, drugs and sim. is interesting, at least from the gnostic perspective.

Great until the additional thoughts section, which was just strange.

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The Gnostic Centering Prayer: A Variation on the Centering Prayer directly focusing on the Soul as Awareness
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Seven Gnostic Meditations: A Simple Guide to Meditation in the Gnostic Path
Centering Prayer and Inner Awakening
Divine Therapy and Addiction: Centering Prayer and the Twelve Steps
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